# **Julie Hornok**

Plano, Texas <u>www.JulieHornok.com</u> | Facebook: <u>@UnitedinAutism</u> Julie@UnitedinAutism.com | 972.333.6206



Julie has over fourteen years of autism industry experience as a parent, non-profit founder, event planner, behavioral program facilitator, global interviewer, and award-winning author. After talking with thousands of parents, she is excited to pull it all together to bring families the emotional support that has gone long under-addressed.

Julie's heartwarming and humorous presentations bring hope to parents and a deeper understanding to providers and teachers across the country.

#### She has been featured in:

Parenting Special Needs Magazine PodcastAutism ParChicken Soup for the Soul PodcastPlano StarCW33 TVCarpool TaSolutions and Strategies with Dr. Sean Surfas, Ph.d, BCBA, LEPAutism Live

Autism Parenting Magazine Plano Star Courier Carpool Talk Show

#### PAST SPEAKING ENGAGEMENTS

Frisco ISD – Frisco, TX (November 2019) National Autism Association – Philadelphia, PA (October 2019) Finding Cooper's Voice – Saint Paul, MN (October 2019) Region 10 ESC – Richardson, TX (August 2019) Orange Conference - Atlanta, GA (May 2019) F.A.C.E.S. – Houston, TX (March 2019) DFW Autism Conference - with Dr. Regina Crone - Hurst, TX (February 2019) Autism Tulsa – Tulsa, OK (February 2019) Men's Service League – Plano, TX (February 2019) LifePath Early Childhood Intervention – Plano, TX (January 2019) Autism Society – Denver, CO (October 2018) Autism Oklahoma - Oklahoma City, OK (October 2018) Region 10 ESC - Richardson, TX (September 2018) AUsome Moms -Dallas, TX (September 2018) Hope for Three - Houston, TX (September 2018) Families Together - Moscow, ID (September 2018)

#### PRAISE FOR JULIE'S PRESENTATIONS

"In the last five years it's been just my son and I most days, and I have no real friends, much less any who understand my struggles... I walked away feeling like the autism journey I am on with my son was just a little less impossible." C. VanAtta, Autism Mom

"I appreciated Julie being candid about her journey and the laughs. When I got home, I really reflected on the points she made, and I realized that I have shut myself off for such a long time. It's time for me to get back in the saddle and go to groups and events. I can support other mothers in their journey, and get support as well." Tomi K, Autism Mom

"Julie's hilarious outlook, words of encouragement and real-life stories made this an entertaining, relatable and truly memorable event for so many parents and caregivers. It was a delight to work with and get to know Julie. She is a shining light in a world of darkness and denial." Darla Farmer, Hope for Three

"Julie has a passion for the autism community and it shows. She knows how to inspire parents while making them laugh and sends them home feeling hopeful. We can't wait until her next book so she can speak again!" Michelle Doan, Therapy & Beyond

*"I smiled, I laughed, and I cried, but for once I didn't feel like I was alone."* S. Wiscarson, Autism Mom

"Julie's presentation was very touching and heartwarming! She was honest, real, and genuine. Hearing about her life experiences helped open my eyes to see what a parent of a child with Autism goes through, and that there is so much hope and light in their journey! " Karla Alambar, LifePath Systems ECS

## AUTISM INDUSTRY EXPERIENCE

#### United in Autism, Founder

10/2017 - Present

• Spearheading all operations in bringing free emotional support events to special needs moms across the country and free educational seminars to countries in East Africa

#### National Autism Association of North Texas, Vice-President

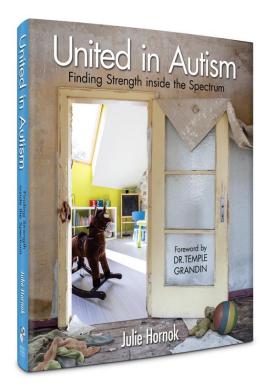
02/2010 - Present

- Planning, promoting and implementing special events and speaking engagements
- Parent support
- Researching, obtaining, writing and formatting relevant news stories on autism for a quarterly newsletter

#### **Freelance Writer**

01/2009 - Present

- Crafting pieces reflecting the hard, heartwarming and humorous in living with autism
- Published in The Mighty, Scary Mommy, *Parenting Special Needs* Magazine, *Autism Parenting* Magazine, <u>That's Inappropriate</u>, AutismSpot, multiple *Chicken Soup for the Soul* books, and many more
- Regular Blogger for The National Autism Association
- Authored *United in Autism: Finding Strength Inside the Spectrum* (foreword by Dr. Temple Grandin)



#### **Special Needs Event Planner**

06/2010 – Present

• Raise funds, plan and implement customized free events for special needs families in a variety of settings through various non-profit organizations

## **Autism Parent Support**

06/2006 – Present

- Supporting and encouraging parents in their journey with autism through e-mail, phone and in-person
- Helping identify their children's key deficits and strengths
- Providing information and resources proven to be beneficial in addressing specific needs
- Moderating an online parent support group (Warrior Moms & Dads) focusing on treatments for autism

Special and Gifted Education (SAGE), Plano ISD Campus Representative & Special Events Planner

08/2007-06/2017

- Serving as a liaison between Plano ISD SAGE and school campuses
- Communicating information to and encouraging parents of special needs and gifted children
- Planning, scheduling special needs buddies and implementing yearly district-wide Special Needs Talent Show
- Planning, scheduling volunteers and implementing "Experience the Awareness" event for students and teachers

## Intensive Behavioral Therapy Home Program for Daughter with Autism

01/2005 - 01/2013

- In-depth research on causes of and treatments for autism, including behavioral therapies, relationship interventions, and biomedical treatments
- Providing optimal conditions for skill development by organizing and structuring home environment to address different developmental needs
- Interviewing various providers to ensure service delivery based on the child's and family needs
- Coordinating a team of professionals to implement therapy
- Implementing behavioral therapy (ABA, Floortime and Social Thinking), speech and occupational therapy when the child was not with a therapist
- Training professionals how to best implement therapy for the child
- Corresponding and maintaining positive relationships with teachers, therapists and consultants

## Stonebriar Community Church, Special Needs Volunteer

06/2007 - 06/2012

- Developed and implemented workshops to address the needs of siblings of children with special needs
- Assisted special needs children in learning within the classroom on Sundays



Julie with Daughter, Lizzie